


























































Pattern Name: Balancing Act 1
Designed By: Michele Sayetta
Company: Heaven and Earth Designs Inc.
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Fabric: Linen 25, White
 500w X 500h Stitches
Size: 25 Count, 20w X 20h in

Floss Used for Full Stitches:

| Symbol | Strands | Type | Number | Color |
|--------|---------|------|--------|--------------------|
| | 2 | DMC | 155 | Blue Violet-MD DK |
| | 2 | DMC | 160 | Gray Blue-MD |
| | 2 | DMC | 166 | Moss Green-MD LT |
| | 2 | DMC | 169 | Pewter-LT |
| | 2 | DMC | 208 | Lavender-VY DK |
| | 2 | DMC | 210 | Lavender-MD |
| | 2 | DMC | 307 | Lemon |
| | 2 | DMC | 310 | Black |
| | 2 | DMC | 311 | Navy Blue-MD |
| | 2 | DMC | 317 | Pewter Gray |
| | 2 | DMC | 318 | Steel Gray-LT |
| | 2 | DMC | 320 | Pistachio Green-MD |
| | 2 | DMC | 340 | Blue Violet-MD |
| | 2 | DMC | 367 | Pistachio Green-DK |
| | 2 | DMC | 372 | Mustard-LT |
| | 2 | DMC | 400 | Mahogany-DK |
| | 2 | DMC | 413 | Pewter Gray-DK |
| | 2 | DMC | 500 | Blue Green-VY DK |
| | 2 | DMC | 501 | Blue Green-DK |
| | 2 | DMC | 517 | Wedgewood-DK |
| | 2 | DMC | 523 | Fern Green-LT |
| | 2 | DMC | 550 | Violet-VY DK |
| | 2 | DMC | 562 | Jade-MD |
| | 2 | DMC | 597 | Turquoise |
| | 2 | DMC | 640 | Beige Gray-DK |
| | 2 | DMC | 645 | Beaver Gray-VY DK |
| | 2 | DMC | 647 | Beaver Gray-MD |
| | 2 | DMC | 648 | Beaver Gray-LT |
| | 2 | DMC | 702 | Kelly Green |
| | 2 | DMC | 704 | Chartreuse-BRT |
| | 2 | DMC | 729 | Old Gold-MD |
| | 2 | DMC | 740 | Tangerine |

| Symbol | Strands | Type | Number | Color |
|--|---------|------|----------|---------------------|
|  | ∨ | 2 | DMC 742 | Yellow-DK |
|  | ⊙ | 2 | DMC 779 | Cocoa-DK |
|  | ≈ | 2 | DMC 782 | Topaz-DK |
|  | ⋈ | 2 | DMC 797 | Royal Blue |
|  | ⊕ | 2 | DMC 798 | Delft Blue-DK |
|  | ⊕ | 2 | DMC 799 | Delft Blue-MD |
|  | ⊖ | 2 | DMC 807 | Peacock Blue |
|  | ⬢ | 2 | DMC 820 | Royal Blue-VY DK |
|  | ⊗ | 2 | DMC 823 | Navy Blue-DK |
|  | ⬮ | 2 | DMC 825 | Blue-DK |
|  | ♥ | 2 | DMC 830 | Golden Olive-DK |
|  | ✱ | 2 | DMC 906 | Parrot Green-MD |
|  | ◇ | 2 | DMC 907 | Parrot Green-LT |
|  | ✕ | 2 | DMC 909 | Emerald Green-VY DK |
|  | ⊖ | 2 | DMC 910 | Emerald Green-DK |
|  | ✱ | 2 | DMC 912 | Emerald Green-LT |
|  | ⊥ | 2 | DMC 921 | Copper |
|  | ➔ | 2 | DMC 924 | Gray Green-VY DK |
|  | ⊥ | 2 | DMC 927 | Gray Green-LT |
|  | ✱ | 2 | DMC 930 | Antique Blue-DK |
|  | ♠ | 2 | DMC 931 | Antique Blue-MD |
|  | ■ | 2 | DMC 939 | Navy Blue-VY DK |
|  | ⊗ | 2 | DMC 943 | Bright Green-MD |
|  | ✕ | 2 | DMC 958 | Sea Green-DK |
|  | ⌘ | 2 | DMC 988 | Forest Green-MD |
|  | ⌘ | 2 | DMC 995 | Electric Blue-DK |
|  | ⌘ | 2 | DMC 996 | Electric Blue-MD |
|  | ⊥ | 2 | DMC 3012 | Khaki Green-MD |
|  | ∨ | 2 | DMC 3047 | Yellow Beige-LT |
|  | ⊖ | 2 | DMC 3363 | Pine Green-MD |
|  | ⊖ | 2 | DMC 3364 | Pine Green |
|  | ✱ | 2 | DMC 3750 | Antique Blue-VY DK |
|  | ⊗ | 2 | DMC 3756 | Baby Blue-UL VY LT |
|  | ⋈ | 2 | DMC 3760 | Wedgewood-MD |
|  | ◐ | 2 | DMC 3765 | Peacock Blue-VY DK |
|  | ⊥ | 2 | DMC 3766 | Peacock Blue-LT |
|  | ⊥ | 2 | DMC 3768 | Gray Green-DK |
|  | ⊖ | 2 | DMC 3787 | Beige Gray-VY DK |
|  | ⌘ | 2 | DMC 3799 | Pewter Gray-VY DK |
|  | ◆ | 2 | DMC 3808 | Turquoise-UL VY DK |
|  | ▼ | 2 | DMC 3809 | Turquoise-VY DK |
|  | ◇ | 2 | DMC 3811 | Turquoise-VY LT |

| Symbol | Strands | Type | Number | Color |
|--|---------|------|----------|---------------------|
|  | ★ | 2 | DMC 3816 | Celadon Green-MD |
|  | ⓪ | 2 | DMC 3819 | Moss Green-LT |
|  | ⋄ | 2 | DMC 3820 | Straw-DK |
|  | ↑ | 2 | DMC 3821 | Straw |
|  | Ⓜ | 2 | DMC 3828 | Hazelnut Brown |
|  | ↓ | 2 | DMC 3842 | Wedgewood-DK |
|  | ▨ | 2 | DMC 3844 | Bright Turquoise-DK |
|  | Z | 2 | DMC 3846 | Bright Turquoise-LT |
|  | ▣ | 2 | DMC 3847 | Teal Green-DK |
|  | ⋄ | 2 | DMC 3848 | Teal Green-MD |
|  | Ⓜ | 2 | DMC 3850 | Bright Green-DK |
|  | ⊗ | 2 | DMC 3851 | Bright Green |
|  | ⊕ | 2 | DMC 3861 | Cocoa-LT |
|  | Ⓢ | 2 | DMC 3862 | Mocha Beige-DK |
|  | Ⓜ | 2 | DMC 3864 | Mocha Beige-LT |

Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

| Type | Number | Full | Half | Quarter | Petite | Back(in) | Str(in) | Spec(in) | French | Bead | Skein Est. |
|---------|--------|-------|------|---------|--------|----------|---------|----------|--------|------|------------|
| DMC 155 | 155 | 222 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 160 | 160 | 274 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 166 | 166 | 394 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 169 | 169 | 4115 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| DMC 208 | 208 | 107 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 210 | 210 | 268 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 307 | 307 | 2529 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 310 | 310 | 10924 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 3.000 |
| DMC 311 | 311 | 1510 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 317 | 317 | 6951 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| DMC 318 | 318 | 1073 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 320 | 320 | 1316 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 340 | 340 | 238 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 367 | 367 | 439 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 372 | 372 | 1195 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 400 | 400 | 1143 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 413 | 413 | 4672 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| DMC 500 | 500 | 3490 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 501 | 501 | 2685 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 517 | 517 | 3272 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 523 | 523 | 1051 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 550 | 550 | 22 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 562 | 562 | 96 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 597 | 597 | 48 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 640 | 640 | 2241 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 645 | 645 | 3795 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| DMC 647 | 647 | 1357 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 648 | 648 | 816 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 702 | 702 | 11 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 704 | 704 | 89 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 729 | 729 | 2105 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 740 | 740 | 567 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 742 | 742 | 4558 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| DMC 779 | 779 | 377 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 782 | 782 | 436 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| DMC 797 | 797 | 211 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |

| Type | Number | Full | Half | Quarter | Petite | Back(in) | Str(in) | Spec(in) | French | Bead | Skein Est. |
|------------|--------|------|------|---------|--------|----------|---------|----------|--------|-------|------------|
| ■ DMC 798 | 192 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 799 | 44 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 807 | 81 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 820 | 6544 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 | |
| ■ DMC 823 | 8126 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 3.000 | |
| ■ DMC 825 | 170 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 830 | 1331 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 906 | 292 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 907 | 310 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 909 | 111 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 910 | 34 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 912 | 75 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 921 | 237 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 924 | 3777 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 | |
| ■ DMC 927 | 767 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 930 | 5813 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 | |
| ■ DMC 931 | 6648 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 | |
| ■ DMC 939 | 17992 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 5.000 | |
| ■ DMC 943 | 1214 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 958 | 565 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 988 | 156 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 995 | 121 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 996 | 571 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3012 | 804 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3047 | 1495 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3363 | 1118 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3364 | 1098 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3750 | 8829 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 3.000 | |
| ■ DMC 3756 | 3387 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3760 | 1798 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3765 | 22974 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 7.000 | |
| ■ DMC 3766 | 382 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3768 | 14891 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 5.000 | |
| ■ DMC 3787 | 1048 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3799 | 3088 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3808 | 17091 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 5.000 | |
| ■ DMC 3809 | 18806 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 6.000 | |
| ■ DMC 3811 | 463 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3816 | 470 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3819 | 589 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3820 | 2395 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 | |
| ■ DMC 3821 | 4943 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 | |

| Type | Number | Full | Half | Quarter | Petite | Back(in) | Str(in) | Spec(in) | French | Bead | Skein Est. |
|-------|--------|------|------|---------|--------|----------|---------|----------|--------|------|------------|
| ■ DMC | 3828 | 1792 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3842 | 9204 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 3.000 |
| ■ DMC | 3844 | 3606 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3846 | 1411 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3847 | 4138 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 2.000 |
| ■ DMC | 3848 | 2989 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3850 | 431 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3851 | 77 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3861 | 74 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3862 | 300 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |
| ■ DMC | 3864 | 541 | 0 | 0 | 0 | 0.0 | 0.0 | 0.0 | 0 | 0 | 1.000 |